

2024-2025 Gymnastics Schedule

Preschool Stars Program Schedule						
TWINKLE, TWINKLE LITTLE STARS (Ages 12 months - 2 years)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		11:00-11:50		10:30-11:20	8:00-8:50	50 minutes
TINY STARS (Age 3)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		10:00-10:50	4:00-4:50	9:30-10:20	9:00-9:50	50 minutes
SHINING STARS (Ages 4 - 5)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
4:00-5:00		9:00-10:00	4:00-5:00	5:15-6:15	9:00-10:00	1 hour
		2:45-3:45			10:00-11:00	
					11:00-12:00	

School-Age Stars Progression Program Schedule

FUTURE STARS - BLUE (Ages 6 - 8)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
4:00-5:00	4:00-5:00	4:00-5:00	5:00-6:00	5:15-6:15	9:00-10:00 10:00-11:00	1 hour

FUTURE STARS - RED (Ages 6 - 8)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
	4:00-5:30		5:00-6:30		10:00-11:30	90 minutes

RISING STARS - BLUE (Ages 9 and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
5:00-6:00				6:15-7:15	10:00-11:00	1 hour

RISING STARS - RED (Ages 9 and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		4:00-5:30				90 minutes

2hr Class Schedule

2hr Gymnastic Class (ages 7yrs old and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
	5:00-7:00		5:00-7:00		11:00-1:00	2 hours

Additional Programs Schedule

NINJA FIT (10 week sessions)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
				4:00-5:00		1 hour

CHEER TUMBLING (Ages 4-6 and 6-9) beginner/ Intermediate

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		6:15-7		6:30-7:30 ages 7-10yr	9-10 ages 7-9yr olds	45 minutes

CHEER TUMBLING (Ages 9yrs+) intermediate/ Advance

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		7-7:45				45 minutes

New this season- Open Gym (Tumble ages 8yrs old and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		7:45-8:30pm		7:30-8:30pm		

FLIP N' FUN (Ages 1 - 6) (November- April)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
			10:00-11:30			90 minutes